

## **Blessed are the pure in heart for they shall see God. Matthew 5:8**

What do you think “heart” refers to in this beatitude?

One definition of heart, as referred to in Mt. 5:8, is that it is the center of the human spirit from which spring emotions, thoughts, motivation, actions, courage and determination. Read the following verses and pick out what they say about the heart and why it is so important to our faith.

I Samuel 16:7

Psalms 139:23, 24

Proverbs 3:5, 6

Proverbs 17:3

**What did Jesus teach about the heart?**

Luke 6:43-45

Matthew 6:19-21

Matthew 15:8-20

Matthew 22:37, 38

List examples of actions that come out of a “filthy” heart (Mt.15) and what can be done to purify it (I Jn):

Matthew 15:17-20

I John 1:9

What can we do to keep our heart pure?

Psalms 119:11

Colossians 3:1-4

Philippians 4:8

What are some common challenges in our society that may keep us from having a pure heart?

Does the concept of “a pure heart” affect the shows and movies that you watch?

Why is it hard to see God without a pure heart?